

Childcare Menu Week 3 - Week Commencing: 14.10.24

*Low in Sodium & Refined Sugars

*Nut Free

*Locally Sourced Produce

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	 <p>ORGANIC MILK, KIWI, PEAR & ROCKMELON</p>	 <p>APPLE, CHEESE, MULTIGRAIN CORN THINS & VEGGIE STICKS</p>	 <p>TROPICAL FRUIT PLATTER W/ ORGANIC MILK</p>	 <p>PEACH & PEAR / BLUEBERRY CRUMBLE W/ ORGANIC YOGHURT</p>	 <p>ORGANIC MILK, BLACK BEAN BROWNIE & RASPBERRY W/ BANANA</p>
LUNCH	 <p>SPAGHETTI BOLOGNAISE W/ CHEDDAR CHEESE</p>	 <p>CHEESY VEGETABLE LASAGNE</p>	 <p>SANDWICH: ROAST CHICKEN, LETTUCE & CHEESY CARROT / ROAST BEEF, TOMATO & PEPITAS PESTO</p> <p>SUSHI: TERIYAKI CHICKEN/ BEEF & AVOCADO</p>	 <p>SWEET & SOUR CHICKEN / CHICKEN PINEAPPLE CURRY W/ BROWN RICE & PEAS & CORN</p>	 <p>AUSSIE BEEF BURGER W/ BEETROOT</p>
AFTERNOON TEA	 <p>SULTANA SCONE W/ CHIA BERRY FRUIT SPREAD</p>	 <p>WHOLEMEAL GARLIC BREAD W/ ORANGE WEDGES</p>	 <p>VITA WEATS W/ CHEDDAR CHEESE & CRUDITES</p>	 <p>CHEESE & TOMATO PIZZA</p>	 <p>TUNA & CHIVE DIP/ TOMATO & CHEESE DIP W/ BROWN RICE CRACKERS</p>